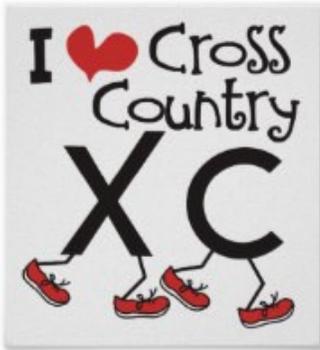


Cross Country

Fall 2016



- ◆ Will kick off on Monday, September 12th at 5:15 pm at the Mt. Ararat Middle School (In parking lot across from the Tennis Courts.
- ◆ Practices will be every Monday and Thursday from 5:15 pm to 6:00 pm .
- ◆ Meets will begin September 22st on Wednesdays, and participants must provide their own transportation to Mid Coastal Communities. A schedule of meets / directions will be available during the first week of practice.
- ◆ This program is available to Children Ages 6-12. Younger children (ages 6– 7) will require supervision.
- ◆ The Cost to register is \$30.00 and includes a Team Tee Shirt. An Additional \$10.00 for School District non-Topsham residents.
- ◆ Please send or drop off registration/check:
Payable to: Town of Topsham, c/o Parks & Recreation
100 Main Street, Topsham, ME 04086
- ◆ All Questions / Concerns can be directed to: 725-1726 , email: information@topshammaine.com or visit our website at www.topshammaine.com/pnr

Name _____ Age _____ Date of Birth _____

School _____ Grade _____ Male _____ Female _____

Address _____ Town _____ Email _____

Parent/Guardian _____ Home Phone _____ Work Phone _____

Parent/Guardian _____ Home Phone _____ Work Phone _____

Shirt Size Youth- ___ Medium ___ Large Adult- ___ Small ___ Large ___ Medium ___ X-Large

As a parent, I give my child permission to participate in this program. I realize that I must provide my own primary health/accident insurance. In my absence, I give the supervisor of the activity permission to obtain whatever Medical treatment may be necessary in the event of an injury. I am aware that the Town of Topsham, and the Parks and Recreation Department , does not provide accident insurance nor is liable for any injury that occurs. I understand that photographs taken of Parks and Recreation Programs may be used by the Parks and Recreation Department for promoting programs, classes or events to include brochures, posters or web page postings.

Parent/Guardian Signature

Date

Please Deposit— 77-2208 \$30.00/\$40.00